

# BUILD CONNECTIONS THAT COUNT



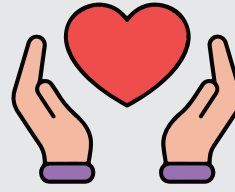
## BE GENUINE

Authenticity breeds trust. Show your true self.



## LISTEN ACTIVELY

Give others your full attention and respect their perspective.



## SHOW EMPATHY

Understand others' feelings and experiences, showing compassion.



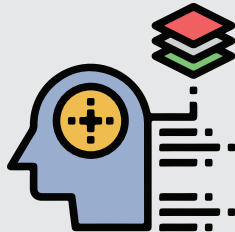
## OFFER HELP AND SUPPORT

Be there for others in times of need, offering assistance and encouragement.



## SHARE VULNERABILITY

Open up about your own struggles and challenges, fostering intimacy and trust.



## REMEMBER DETAILS

Pay attention to the little things, showing that you care and value the relationship.



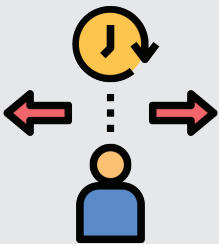
## FOLLOW UP

Stay in touch regularly, showing continued interest and investment in the connection.



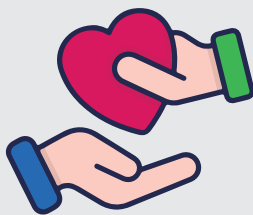
## CELEBRATE MILESTONES

Acknowledge and celebrate important moments in others' lives.



## BE PRESENT

Be fully engaged and present in your interactions, showing that you value their time.



## FOSTER MUTUAL RESPECT

Treat others with kindness, dignity, and respect, regardless of differences.



## FIND COMMON GROUND

Seek shared interests and experiences, building rapport and connection.



## EXPRESS GRATITUDE

Show appreciation for others' contributions and presence in your life.

